

**Santana High School in Association with San Diego Youth Services,  
the Santee Collaborative, and The Dallas Pugh Foundation Present**

# If My Parents Only Knew

## **Event Includes:**

Community Resource Fair II Special Guest Speaker II Breakout Sessions

Resource Fair: 5 PM in the Large Quad Area II Main Event: 6 PM in the Gym II Breakout sessions to follow

Listen to the voices of actual high school students as they discuss the difficulties they face while navigating through these challenging times

## **Breakout Session Topics:**

How to Manage Stress I Substance Use I Pressures of Social Media

Managing Expectations I Dealing with Bullying/Harassment I Pressure of Expectations/Grades

\*Topics subject to change

**Santana High School**

**9915 N. Magnolia Ave  
Santee, CA 92071**

**Wednesday, May 23, 2018**

**5:00 PM - 8:20 PM**

